

Starters

Hummus with Pita – 7

Garlic, olive oil & grilled pita bread

Quesadilla: Beef or Chicken - 8.5

With sautéed onion & pepper, salsa, sour cream, guacamole

Crispy Chicken Tenders - 8.5

Served with honey mustard, barbecue, & buffalo sauces

Chicken Wings - 8.5

Buffalo, teriyaki, barbecue or honey mustard

Firecracker Calamari - 8

With fried cherry peppers, lemon-basil aioli & marinara

Fontina Mac n Cheese Sticks – 7

5 fried mac & cheese sticks with tomato bisque dip

Cocktail Shrimp – 9

Jumbo shrimp with organic tomato vodka & mango “cocktail” & traditional cocktail sauce

Popcorn Shrimp - 8

Served with spicy remoulade or buffalo style with blue cheese

Caprese Flatbread – 7.5

Fresh toasted flatbread with fontina cheese, roma tomato, basil, & drizzled with a balsamic reduction

Soups & Salads

From the Kettle – 5

Chef's daily creation

Creamy Tomato Bisque- 5

Make it a meal- add grilled cheese for \$2

Seafood Chowder - 6.5

New England style chowder with: clams, crab, salmon, shrimp

House Split-6.5 Full-8.5

Organic spinach, blue cheese crumbles, tomato, cucumber, almond, raisins, organic pomegranate vinaigrette

Caesar Split- 5.5 Full- 7.5

Caesar dressing, shaved parmesan. & foccacia crostini

Greek - 8.5

Crisp greens, hummus, tomato, cucumber, pepperoncini, kalamata olives, feta, balsamic glaze, grilled pita points

Superfoods Salad – 9

Organic spinach, romaine, edamame, blueberries, dried apricots, grape tomatoes, walnuts & manchego, with acai berry vinaigrette

BWG Salad Complements

Add one : Chicken - 2 Salmon - 3 Shrimp - 3

Sandwiches

Sandwiches served with your choice of : french fries, sweet potato fries, chips, coleslaw or fruit

Snapper “Cigars” - 6.5

Two tightly rolled tortilla stogies filled with fried snapper, spicy cilantro lime slaw, cooling lemon-basil aioli

Coast Club - 9

Roasted turkey, smoked bacon, swiss cheese & cranberry mayo on Texas Toast

The Reuben - 8.5

Corned beef, swiss, sauerkraut, thousand island, toasted marble rye

Hummus Wrap - 7.5

Greek style hummus, cucumbers, tomato, feta cheese, pepperoncini, kalamatas, balsamic reduction, whole wheat wrap

Corona Chicken - 8.5

Marinated chicken breast with lime, cilantro, & garlic, topped with jalapeno jack cheese, pico de gallo, guacamole, bacon, kaiser roll

Skinny Chicken - 8

Grilled herb marinated chicken breast topped with fresh tomato salsa on a whole wheat roll or wrap

Pressed Cuban - 9.5

Roasted pork, ham, pickle, & swiss on Cuban bread. Served with a choice of creole mustard or yellow mustard

Buffalo Chicken Wrap - 8.5

Crispy chicken, tossed in buffalo sauce, shredded lettuce & blue cheese dressing in an Ancho chile wrap

Steak Quesadilla Wrap- 9.5

Shaved rib-eye, onions, peppers, cheddar, & monterey jack cheese, guacamole on a chipotle tortilla wrap. Sour cream & salsa on the side

Smokin’ Grilled Cheese & Tomato Bisque- 7

½ sandwich of smoked gouda, fresh tomatoes & Dijon mustard on Texas toast, with a bowl of creamy tomato bisque. Add bacon for \$0.50

Chicken & Pasta

Pappardelle with Tomato Vodka Sauce - 13

Wide egg noodles in a tomato vodka sauce
Add: Chicken – 3 Grilled Shrimp - 3.5

All-Natural Roasted Chicken - 19

Lemon & rosemary marinated half chicken with herb au jus over garlic mashed potatoes & sautéed organic spinach

Signature Grill

Served with vegetable of the day and choice of : mashed potato, sweet potato fries or french fries

Atlantic Salmon Filet - 19

Grilled salmon with a balsamic glaze

Gulf Snapper - 23

Pan seared, topped with a cool crab salad with roasted corn, tomatoes & basil. With lemon-basil aioli

All-Natural Angus Center Cut N.Y. Strip - 27

12 oz. accompanied by sautéed organic portabellas



Custom Burgers

Handcrafted with 8 ounces of
100% natural hormone free Angus beef

The “Q”- 9

Our signature burger: cheddar cheese, bacon, wasabi slaw, fried onion

Classic - 8.5

Your choice of cheese topped with: lettuce, tomato & onion

“The Man” 9.5

Burger topped with cheddar cheese, bacon, horseradish cream & a fried egg

Phatty Melt- 9.5

If you dare...

Our delicious burger with grilled onions, sandwiched between two grilled American cheese sandwiches, bacon mayo on the side.

Or try the traditional Patty Melt for 9.5